

## Role description – volunteer

### Who are we?

We live together.

We are a newly-founded Camphill community in the heart of the North Yorkshire Moors.

80 people, of all ages and abilities, who have chosen to live and work together in this way.

We share our homes and our lives. The elderly person, the busy working adult and the small child each has their own place within the community, and we are all enriched by our daily interactions.

We work together.

Everyone in the community has a contribution to make. The work is meaningful and necessary for sustaining the community. This means we each rely on one another, no matter what our 'ability'.

Some of our work is centered around the households themselves and what it takes to run them, such as cooking healthy meals, cleaning and creating a beautiful home, others work in workshops or on the land.

We grow together.

We encourage each other to grow and develop personally, and that helps the community grow, too. We try to create opportunities for learning and recreation within the community - drama, eurythmy, art, singing - and also foster cultural links with the locality. It is especially important to us to celebrate the festivals of the Christian calendar. We take time and care to prepare these events, including all community members in the planning, and try to bring all our joy and enthusiasm to them. We work using the anthroposophical ideals laid down by the teachings of Rudolf Steiner.

### What do we expect of you?

We expect you to care for and accompany the adults with learning disabilities through each day in houses, workshops, social gatherings and outings (as determined by the houseparent or work master responsible for your programme.) This involves:

- Assisting as and when appropriate with basic routines
- Accepting instruction and guidance from the Houseparent or Work Master in charge and carrying out duties with due care and concern for the vulnerable adults in your charge
- Working cooperatively, openly and enthusiastically as a team member including sharing feedback and observations
- Behaving at all times in a way that sets a good example and upholding the reputation of our community
- Taking an active interest in training programmes
- Reading the Guide for Volunteers and following our policies and procedures
- Using your free time wisely and with discretion bearing in mind that you will need your full awareness, abilities and patience when on duty
- Helping to foster a diverse cultural and spiritual life
- Reporting immediately any concerns about the care and wellbeing of any resident



- Upholding the personal safety and security of any resident you are with, upmost in your awareness, and act at all times with a high level of care and caution

### Qualifications

We don't require any specific qualifications and expertise. However, we very much appreciate previous experience in working and living with vulnerable adults or any other work involving care. During your stay in our community, training required will be provided.

### Personal qualities

- A responsible attitude and willingness to take initiative
- A warm and positive approach to people
- An interest in social and therapeutic work
- An open attitude to guidance and supervision
- A willingness to receive and give feedback
- A willingness to develop good social and communication skills

